

ALL ABOARD

WELCOME TO OUR WINTER ISSUE OF "ALL ABOARD".

Hi Everyone,

A warm welcome to our Christmas Newsletter 2022.

SureStart Autumn programmes were packed out and highlights included 'Hanan You Make a Difference', facilitated by our great Speech and Language Assistant and 'Woodland Wonders, Eager to Learn and Baby Sensory', facilitated by our inventive Play Development team, all of which are featured in this newsletter. Our Creche team have worked hard to provide a welcoming and interesting environment for all children and Two's Company children have been making great progress in their first term with the help of the dedicated staff.

Sustainable Santa was a new initiative and very well supported. It helped all of us think about what we buy and how we can reuse and re-gift items we no longer need to benefit others. This reduces waste going to landfill and helps sustain our environment. Our clothing rail of Winter Woollies, located within the Spring Centre in Augher, has also been well supported and will continue throughout the Winter as we experience the very cold weather of the last few weeks.

SureStart Christmas experience was a magical time for all families, and it was lovely to see the children's excitement and hear the chatter as they shared hot chocolate and soup afterwards to warm up. Clogher Valley Sure Start have a packed programme planned for January 2023, so please check out our Dates for Diary and sign up to start the New Year in a positive way. In this newsletter we have included useful tips and website links to help families save, as the cost of living continues to be a challenge for all families.

If you need any help or support please get in touch, lift the phone or drop us a PM or email, we are always happy to help. Our Clogher Valley Sure Start Team would like to wish all our families a healthy and Peaceful Christmas and a Happy New Year.

Louise and all the team

CHRISTMAS EXPERIENCE



CVSS MAKATON SIGN OF THE MONTH IS 'TO GIVE'

Makaton is a language programme using signs, symbols and speech to encourage communication skills.



When making the sign for 'To Give' remember to make it in the appropriate direction of giving.

Notices

Are you interested in becoming a Registered Childminder?
Mid Ulster Labour Market Partnership in collaboration with NICMA are delivering a Registered Childminder academy (25 spaces available)
Do you meet the following criteria?:

- Resident of Mid Ulster District Council Area;
- Over the age of 18
- And are:
 - Unemployed or under-employed (working less than 16 hours per week);
 - Seeking Career progression through upskilling or reskilling; or
 - At risk of redundancy

If so get in contact with Grainne Scullion on 07517472271 or grainne.scullion@nicma.org and we can support you through the registration process.

Employers For Childcare
Blaris Industrial Estate
11 Altona Road
Lisburn
BT27 5QB
028 9267 8200
0800 028 3008
hello@employersforchildcare.org

Please check your water supplies for burst pipes and leaks
Click link to read more
<https://www.niwater.com/major-incident/>

If urgent, contact Leakline free of charge on 0800 0282011. Lines are open 24 hours/day, 7 days/week.

Parent Line NI
A FREE confidential helpline for parents and carers throughout NI. If you need us, we're here.
0808 8020 400

Domestic & Sexual Violence Helpline
24 HOUR
0808 802 1414
Open to all women and men affected by domestic & sexual violence
Text support to 07797 805 839

Lifeline
0808 808 8000

The Consumer Council
Check out how your energy prices compares via the link below:
www.consumerCouncil.org.uk/energy-tables

SUSTAINABLE SANTA



Congratulations to our Bulgarian group who have completed their English For Beginners course. Such an enthusiastic group, our younger group members are missing from the photo.

A special thanks to Mid Ulster Council and St Mary's Aughnacloy for helping us make this hugely valuable programme possible.

We wish all our group members a Happy and Healthy Christmas and we look forward to seeing you all in the New Year.



COMING SOON... TODDLER SPLASH



Clogher Valley Sure Start
74 Main Street, Augher, Co. Tyrone. BT77 0BG
Tel. 028 8554 9898
E. info@cloghervalleysurestart.org
www.cloghervalleysurestart.org

EAGER TO LEARN



BABY SENSORY



BABY SENSORY

We crunched through the leaves in autumn,
Flew in a rocket ship to space,
Felt the sand on our tiny toes and the water splash our face,
Each animal has a sense and brings something new,
But nothing is as wonderful as being loved by you!

BABY MASSAGE



CREATIVE CONNECTIONS



CRÈCHE PROGRAMME



HANEN PROGRAMME: YOU MAKE THE DIFFERENCE



SIMPLY SEASONAL SOUPS SESSION

We would like to thank Mid Ulster Council for providing us with all the ingredients for our Just soups Programmes



WOODLAND WONDERS



TWO'S COMPANY



INCREDIBLE YEARS

Incredible Years is an 11 week evidence-based parenting programme that was developed by Carolyn Webster-Stratton in 1997. The programme is aimed at improving parenting skills, promoting the child's academic, social and emotional abilities and reducing disruptive behaviours.

Below are some of the topics and goals which will be covered in the programme, which helps to Promote Children's Social Development

- Child-directed play promotes positive relationships
- Promoting toddler's language with descriptive commenting
- Social and emotional coaching
- Positive attention, praise and encouragement
- Handling separations and reunions
- Setting developmentally appropriate limits
- Using distractions, redirections & ignore effectively to handle misbehaviour

The parenting pyramid helps explain some of the topics covered in the Incredible Years programme, these successfully help toddlers to achieve milestones.

The first part of the programme involves you building a strong foundation of positive interactions with your child. This foundation involves big and consistent doses of love, caring, child centered play, positive talking, and coaching interactions. This nurturing on the part of parents is essential at all ages and stages of children's development from infancy, throughout preschool years and into the school age years and is the foundation needed to build children's emotional and social development. Parents playing and talking with their children is key to helping them form lasting attachments and relationships.

